

Sandwiches or Rolls

Vegemite/Jam	1.50
Cheese	2.00
Egg & Lettuce	3.00
Ham – gluten free	2.50
Chicken	2.50
Salad	3.00
Extra Fillings: each	.50

- Lettuce, cheese, tomato, grated carrot, cucumber, beetroot.

Gluten Free bread available

Wraps

Chicken	2.50
Ham	2.50
Extra Fillings: each	.50

- Lettuce, cheese, tomato, grated carrot, cucumber, beetroot

Gluten free wraps available

Toasted Sandwiches

Cheese	2.50
Cheese & Tomato	2.70
Cheese & Vegemite	2.70
Ham	2.70
Ham & Cheese	3.00
Ham & Tomato	3.00
Ham, Cheese & Tomato	3.50
Chicken	2.70
Chicken & Cheese	3.00
Chicken Cheese & Tomato	3.50

Gluten Free bread available

RED – OCCASIONAL

Hot Food

Macaroni Cheese	3.50
Lasagne	3.50
Pie – Cottage	3.50
Meat	
Sausage Roll	3.00
Beef & Vege Roll (Gluten Free)	3.50
Chicken Nuggets – 3	1.50
6	3.00
Hot Dog	3.50
Hot Dog with Cheese	4.00
Pizza Slab – Hawaiian	2.00

BBQ Meat Lovers

Sweet Chilli Chicken Wrap	4.00
- Chicken Strip, lettuce, tomato, grated cheese & mayo	

Chicken Burger	4.00
- Chicken patti, lettuce & mayo	

Hamburger	4.00
- Meat patti, lettuce, tomato, grated cheese & sauce	

Drinks

Water	2.00
Plain Milk	1.50
Flavoured Milk – Chocolate	2.00
Strawberry	
Banana	
Juice - Apple	2.00
Apple & Blackcurrant	
Orange - Orange & Mango	
Orange & Passionfruit	
Iced Tea – Peach, Raspberry	1.50

AMBER – SELECT CAREFULLY

Salad Bowl

Standard bowl includes:	4.00
Lettuce, tomato, cucumber, carrot, beetroot	
Add Cheese	.50
Add Ham	1.00
Add Chicken	1.00

Fruit Snack

Riviana Fruit Salad Tub	1.50
Apples – Plain or Slinky	1.00

Snack Break

Fingerbun	2.00
Muffin – Chocolate, dbl choc, b'berry	2.00
Jelly Cup – blue, green, red	1.00
Cheese & Biscuit pack	1.50

Snacks & Special Treats

Gingerbread Kids	1.50
Popcorn	.50
Red Rock Chips - Honey Soy	1.00
- Sea Salt	1.00
Jumpy's – Green (Chicken)	1.00
Piranha Snaps – bbq - gluten free	1.00

Cool Treats

Ice Blocks only available to
Upper Campus Students

Iced Mony	.50
Zooper Doopers	.50

Due to the **HEALTH & SAFETY ACT** the tuckshop **CANNOT** reheat food brought from home.

GREEN – HAVE PLENTY

St Mary's Tuckshop aims to provide students and staff with a variety of healthy food and drink choices to ensure better learning and overall health.

These foods will be prepared and stored in accordance with the food safety guidelines ensuring that students and staff have access to high quality and safe food.

Please note: if your child has a food allergy or special requirement please let me know.

Tuckshop Days

Thursday

Friday

All orders are
to be placed no
later than
7.30am the
day of order.

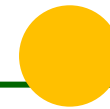
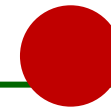
FlexiSchools Website:
www.flexischools.com.au

HEALTHY FOOD CHOICES

RED – OCCASIONAL

AMBER – SELECT CAREFULLY

GREEN – HAVE PLENTY



St Mary's School
Warwick

Tuckshop Menu
2018

